

Agapé Christian Preschool

Nutrition Policy

Rationale/Purpose

To ensure the safety and well being of children.

Statement/Objective

To encourage healthy eating.

Broad Guidelines:

- Ensuring children wash hands before kai times;
- Staff to ensure they have clean hands and working spaces when handling food;
- All food is clean when stored, prepared and served;
- Supervising children at all times during kai time;
- Talking with children at kai times about healthy foods;
- Having a shared morning and afternoon tea consisting of fruit and vegetables;
- Role modelling healthy eating habits;
- Encouraging children to drink water, and to ensure drinking water is available at all times;
- Providing parent information to encourage healthy lunch boxes;
- Offering treat food on special occasions only;
- No child is to have food or fluid while in bed or resting.

Lines of Responsibility:

Licensee, Principal Teacher, Staff and Parents/Whanau

Links to Other Documentation:

Regulation 26

DOP's 5(a)

Te Whaariki – Well-being and belonging

Date: 11 July 2007

Signed:

Review Date: May 2008

Responsibility for Review: Principal Teacher